

April 2017

Robertson County Schools RCAP Lunch Menu

LUNCH

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER”

For complete statement go to website at: http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/

Monday

Mini Chicken Tacos
Pinto Beans
Corn
Salsa and Trimmings
Fruit and Milk Choices

3

Tuesday

Salisbury Steak w/ Gravy
With dinner roll
Mashed Potatoes and Gravy
Green Peas
Fruit and Milk Choices

4

Wednesday

Sausage, Egg and Biscuit
Tator Tots
Fruitable Juice Box
Fruit and Milk Choices

5

Thursday

Cheese Filled Breadsticks
w/ dipping sauce & ranch
Green beans
Steamed Carrots
Fruit and Milk Choices

6

Friday

CheeseBurger
French Fries
Steamed Broccoli
Fruit and Milk Choices

7

Boneless Chicken Wings
w/ Roll
Mashed Potatoes and Gravy
Fruitable Juice Box
Fruit and Milk Choices

10

Mini Chicken Tacos
Corn
Salsa & Shredded Lettuce
Fruit and Milk Choices

11

Penne Pasta & Chicken
With Alfredo Sauce
Garlic Breadstick
Green beans
Red Bell Pepper Strips & Ranch
Fruit and Milk Choices

12

Cheese Pizza
w/ Marinara Sauce
Broccoli and Cheese
Fresh Baby Carrots w/ Ranch
Fruit and Milk Choice

13

SCHOOL
CLOSED

Wow Butter Sandwich
Cheese Stick
Goldfish Crackers
Fresh Baby Carrots & Ranch
Fruitable Juice Box
Fruit and Milk Choices

17

Meatball Sub
Pinto Beans
Marinara sauce & Shredded Lettuce
Cookie
Fruit and Milk Choices

18

Sausage, Egg and Biscuit
Tator Tots
Fruitable Juice Box
Fruit and Milk Choices

19

Cheese Pizza
w/ Marinara Sauce
Corn
Sweet Glazed Carrots
Fruit and Milk Choices

20

Cheeseburger
French Fries
Fresh Broccoli with Ranch Dressing
Fruit and Milk Choices

21

Early
Release
Day!

Boneless Chicken Wings w/ Roll
Mashed Potatoes and Gravy
Fruitable Juice Box
Fruit and Milk Choices

24

Mini Chicken Tacos
Corn
Salsa & Shredded Lettuce
Fruit and Milk Choices

25

Ham and Cheese Sandwich
Cheese Stick
Goldfish Crackers
Fresh Baby Carrots & Ranch
Fruitable Juice Box
Fruit and Milk Choices

26

Cheese Pizza
w/ Marinara Sauce
Broccoli and Cheese
Fresh Baby Carrots w/ Ranch
Fruit and Milk Choice

27

Crispy Chicken Sandwich
Roasted Red Potatoes
Baked Beans
Fruit and Milk Choices

28

