

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER”

For complete statement go to website at: http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/

Monday

Tuesday

Wednesday

Thursday

Friday

[Empty Lunch Box]

[Empty Lunch Box]

1
Spaghetti and Meat Sauce
With Garlic Breadstick
Pizza Choices w/ Ranch & Sauce
Green Beans
Steamed Carrots
Fruit and Milk Choices

2
Popcorn Chicken
With Dinner Roll
Ham and Cheese Sub Sandwich
Corn
Mashed Potatoes and Gravy
Fruit and Milk Choices

3
Sloppy Joe Sandwich
OR
Pizza Choices
w/ dipping sauce & ranch
Broccoli with Cheese
Fruitable
Fruit and Milk Choices

6
Mini Chicken Tacos
OR
Beef and Cheese Nachos
Pinto Beans
Corn
Salsa and Trimmings
Fruit and Milk Choices

7
Salisbury Steak w/ Gravy
With dinner roll
OR
Pizza Choices w/ Ranch & Sauce
Mashed Potatoes and Gravy
Green Peas
Fruit and Milk Choices

8
Sausage, Egg and Biscuit
OR
Turkey and Cheese Sub Sandwich
Tator Tots
Fruitable Juice Box
Fruit and Milk Choices

9
Cheese Filled Breadsticks
OR
Pizza Choices
w/ dipping sauce & ranch
Green beans
Steamed Carrots
Fruit and Milk Choices

10
Chicken Sandwich
With trimmings
-OR-
Grilled Cheese
French Fries
Steamed Broccoli
Fruit and Milk Choices

13
Hot Dog
OR
Grilled Cheese Sandwich
Veggie Chili w/ crackers
Fresh Baby Carrots with Ranch
Fruit and Milk Choices

14
Fish Sandwich
With trimmings
OR
Meatball Sub
Baked Beans
Sweet Potato Wedges
Fruit and Milk Choices

15
Spaghetti and Meat Sauce
With Garlic Breadstick
Pizza Choices w/ Ranch & Sauce
Green Beans
Steamed Carrots
Fruit and Milk Choices

16
Popcorn Chicken
With Dinner Roll
Ham and Cheese Sub Sandwich
Corn
Mashed Potatoes and Gravy
Fruit and Milk Choices

17
Sloppy Joe Sandwich
OR
Pizza Choices
w/ dipping sauce & ranch
Broccoli with Cheese
Fruitable
Fruit and Milk Choices

20
NO
SCHOOL

21
Salisbury Steak w/ Gravy
With dinner roll
OR
Pizza Choices w/ Ranch & Sauce
Mashed Potatoes and Gravy
Green Peas
Fruit and Milk Choices

22
Sausage, Egg and Biscuit
OR
Turkey and Cheese Sub Sandwich
Tator Tots
Fruitable Juice Box
Fruit and Milk Choices

23
Cheese Filled Breadsticks
OR
Pizza Choices
w/ dipping sauce & ranch
Green beans
Steamed Carrots
Fruit and Milk Choices

24
Hamburger or Cheeseburger
With trimmings
-OR-
Grilled Cheese
French Fries
Steamed Broccoli
Fruit and Milk Choices

27
Hot Dog
OR
Grilled Cheese Sandwich
Veggie Chili w/ crackers
Fresh Baby Carrots with Ranch
Fruit and Milk Choices

28
Fish Sandwich
With trimmings
OR
Meatball Sub
Baked Beans
Sweet Potato Wedges
Fruit and Milk Choices

Due to Tuesday Feb 21 being an early release day, the following schools will be serving a sack lunch consisting of:

- Wow Butter Sandwich & Cheese Stick
- Goldfish Crackers
- Fresh Baby Carrots & Ranch
- Fruitable Juice Box
- Apple & Milk Choices

East Robertson High School
Springfield High School
White House Heritage High School