

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER”

For complete statement go to website at: http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/

Monday

Tuesday

Wednesday

Thursday

Friday

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Sausage and Gravy Pizza **1**
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Double Chocolate Muffin **2**
With Cheese stick
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Chicken Biscuit **3**
Or
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Apple Strudel **6**
Cherry Strudel
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Cheddar Cheese Omelet **7**
With Sausage and Toast
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Mini Maple Pancakes **8**
With Syrup
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Assorted Donuts **9**
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Bacon Biscuit **10**
Or
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Cini Mini Pull Apart Rolls **13**
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

French Toast Sticks **14**
With Syrup
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Sausage and Gravy Pizza **15**
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Double Chocolate Muffin **16**
With Cheese stick
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Chicken Biscuit **17**
Or
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

NO **20**
SCHOOL

Cheddar Cheese Omelet **21**
With Sausage and Toast
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Mini Maple Pancakes **22**
With Syrup
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Assorted Donuts **23**
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Bacon Biscuit **24**
Or
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

Cini Mini Pull Apart Rolls **27**
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

French Toast Sticks **28**
With Syrup
Cereal and Cereal Bar Choices
With Toast and Jelly
Fruit Choices
Milk Choices

***We will be offering a hot oatmeal bar in all schools twice a week ***

Come enjoy a warm bowl of hearty oatmeal with your choice of toppings including Butter, Brown Sugar, Cinnamon Maple Sprinkles, Raisins, and Dried Cranberries.

The days Oatmeal is offered will vary from school to school. See your Cafeteria for Details!!!!!!