

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER”

For complete statement go to website at: http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/

Monday



6
Mini Chicken Tacos
OR
Beef and Cheese Nachos
Pinto Beans
Corn
Salsa and Trimmings
Fruit and Milk Choices

13
Hot Dog
OR
Grilled Cheese Sandwich
Veggie Chili w/ crackers
Fresh Baby Carrots with Ranch
Fruit and Milk Choices

Tuesday



7
Salisbury Steak w/ Gravy
With dinner roll
OR
Pizza Choices w/ Ranch & Sauce
Mashed Potatoes and Gravy
Green Peas
Fruit and Milk Choices

14
Fish Sandwich
With trimmings
OR
Meatball Sub
Baked Beans
Sweet Potato Wedges
Fruit and Milk Choices

Wednesday

1
Spaghetti and Meat Sauce
With Garlic Breadstick
Pizza Choices w/ Ranch & Sauce
Green Beans
Steamed Carrots
Fruit and Milk Choices

8
Sausage, Egg and Biscuit
OR
Turkey and Cheese Sub Sandwich
Tator Tots
Fruitable Juice Box
Fruit and Milk Choices

15
Spaghetti and Meat Sauce
With Garlic Breadstick
Pizza Choices w/ Ranch & Sauce
Green Beans
Steamed Carrots
Fruit and Milk Choices

Thursday

2
Popcorn Chicken
With Dinner Roll
Ham and Cheese Sub Sandwich
Corn
Mashed Potatoes and Gravy
Fruit and Milk Choices

9
Cheese Filled Breadsticks
OR
Pizza Choices
w/ dipping sauce & ranch
Green beans
Steamed Carrots
Fruit and Milk Choices

16
Popcorn Chicken
With Dinner Roll
Ham and Cheese Sub Sandwich
Corn
Mashed Potatoes and Gravy
Fruit and Milk Choices

Friday

3
Sloppy Joe Sandwich
OR
Pizza Choices
w/ dipping sauce & ranch
Broccoli with Cheese
Fruitable
Fruit and Milk Choices

10
Cheeseburger or Hamburger
With trimmings
-OR-
Grilled Cheese
French Fries
Steamed Broccoli
Fruit and Milk Choices

17
Sloppy Joe Sandwich
OR
Pizza Choices
w/ dipping sauce & ranch
Broccoli with Cheese
Fruitable
Fruit and Milk Choices

Spring Break



27
Hot Dog
OR
Grilled Cheese Sandwich
Veggie Chili w/ crackers
Fresh Baby Carrots with Ranch
Fruit and Milk Choices

28
Fish Sandwich
With trimmings
OR
Meatball Sub
Baked Beans
Sweet Potato Wedges
Fruit and Milk Choices

29
Spaghetti and Meat Sauce
With Garlic Breadstick
Pizza Choices w/ Ranch & Sauce
Green Beans
Steamed Carrots
Fruit and Milk Choices

30
Popcorn Chicken
With Dinner Roll
Ham and Cheese Sub Sandwich
Corn
Mashed Potatoes and Gravy
Fruit and Milk Choices

31
Sloppy Joe Sandwich
OR
Pizza Choices
w/ dipping sauce & ranch
Broccoli with Cheese
Fruitable
Fruit and Milk Choices