

# March 2016

## RCAP School Lunch Menu

### LUNCH

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER”

For complete statement go to website at: [http://ww1.rcstn.net/departments/school\\_nutrition/u\\_s\\_d\\_a\\_non-\\_discrimination\\_statement/](http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/)

### Monday



### Tuesday



### Wednesday

### Thursday

### Friday

6  
Mini Chicken Tacos  
Pinto Beans  
Corn  
Salsa and Trimmings  
Fruit and Milk Choices

7  
Salisbury Steak w/ Gravy  
With dinner roll  
Mashed Potatoes and Gravy  
Green Peas  
Fruit and Milk Choices

8  
Sausage, Egg and Biscuit  
Tator Tots  
Fruitable Juice Box  
Fruit and Milk Choices

9  
Cheese Filled Breadsticks  
w/ dipping sauce & ranch  
Green beans  
Steamed Carrots  
Fruit and Milk Choices

10  
Chicken Sandwich  
French Fries  
Steamed Broccoli  
Fruit and Milk Choices

13  
Grilled Cheese Sandwich  
Veggie Chili w/ crackers  
Fresh Baby Carrots with Ranch  
Fruit and Milk Choices

14  
Fish Sandwich  
Baked Beans  
Sweet Potato Wedges  
Fruit and Milk Choices

15  
Spaghetti and Meat Sauce  
With Garlic Breadstick  
Green Beans  
Steamed Carrots  
Fruit and Milk Choices

16  
Popcorn Chicken  
With Dinner Roll  
Corn  
Mashed Potatoes and Gravy  
Fruit and Milk Choices

17  
Cheese Pizza  
w/ dipping sauce & ranch  
Broccoli with Cheese  
Fruitable  
Fruit and Milk Choices

# Spring Break



27  
Grilled Cheese Sandwich  
Veggie Chili w/ crackers  
Fresh Baby Carrots with Ranch  
Fruit and Milk Choices

28  
Fish Sandwich  
Baked Beans  
Sweet Potato Wedges  
Fruit and Milk Choices

29  
Spaghetti and Meat Sauce  
With Garlic Breadstick  
Green Beans  
Steamed Carrots  
Fruit and Milk Choices

30  
Popcorn Chicken  
With Dinner Roll  
Corn  
Mashed Potatoes and Gravy  
Fruit and Milk Choices

31  
Cheese Pizza  
w/ dipping sauce & ranch  
Broccoli with Cheese  
Fruitable  
Fruit and Milk Choices