



State of Tennessee Group Insurance Program

Department of Finance and Administration • Benefits Administration
Suite 2600 • 312 Rosa L. Parks Avenue • Nashville, TN 37243
Laurie Lee, Executive Director

October 2, 2009

To: State Group Insurance Program Participants

We are closely following reports about the seasonal flu and H1N1. Because of these concerns, the Insurance Committees have approved these new benefits **effective immediately**.

1. **You can get your seasonal flu, H1N1 and pneumococcal (pneumonia) vaccines without having to meet your deductible or paying coinsurance or copays;**
2. **The health plans will now pay for vaccines regardless of whether you receive them from a pharmacist* or at your doctor's office; and**
3. **The copays for the critical flu-related prescription drugs will now be lower - only \$25.00 - with a prescription from your doctor.**

You can get additional information from your insurance carrier (i.e., BlueCross BlueShield of Tennessee, Cigna, and United) about where you can get your flu and other important vaccines. If you have already had your flu shots or flu medication, please check with your insurance carrier about reimbursement.

If you haven't yet had your annual physical, now would be a good time to schedule it. If you do not have a doctor, please call your carrier. They will help you find a doctor in your area. Here are the toll-free numbers for each carrier:

BlueCross BlueShield of Tennessee – 1.800.558.6213
www.bcbst.com/members/tn_state/

Cigna HealthCare – 1.800.244.6224
www.cigna.com

United Healthcare – 1.877.366.0011
www.uhcrivervalley.com/employer/tennstate/

We welcome your feedback and suggestions. Please feel free to email us at benefits.info@tn.gov.

Sincerely,

Laurie Lee
Executive Director, Benefits Administration

*** Not all pharmacists can administer vaccines. If you have any questions, ask your pharmacist or call your carrier at the numbers above.**