



24

Bakery
Dough

CH Guenther
3055

Nutrition Facts

Serving Size 1 Roll (42g)

Amount Per Serving

Calories 120 **Calories from Fat 25**

% Daily Value*

Total Fat 2.5g **4%**

Saturated Fat 0g **2%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 170mg **7%**

Total Carbohydrate 20g **7%**

Dietary Fiber 1g **5%**

Sugars 3g

Protein 3g

Vitamin A 0% • **Vitamin C 8%**

Calcium 0% • **Iron 6%**

Thiamin 15% • **Riboflavin 8%**

Niacin 8% • **Folate 15%**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories	2,000	2,500
Total Fat	Less Than	65g	80g	
Saturated Fat	Less Than	20g	25g	
Cholesterol	Less Than	300mg	300 mg	
Sodium	Less Than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

JH Guenther
3057

Nutrition Facts

Serving Size 1 Roll (1.75oz) (50g)
Servings Per Container 329

Amount Per Serving

Calories 150 Calories from Fat 35

% Daily Value*

Total Fat 4g 6%

Saturated Fat 1g 4%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 200mg 8%

Total Carbohydrate 26g 9%

Dietary Fiber 1g 4%

Sugars 5g

Protein 3g

Vitamin A 0% • Vitamin C 4%

Calcium 4% • Iron 8%

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