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Bread Rolls
PreBaked



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Product Description

Nutrition Information

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Recipe Collection

Sister Schubert's® Par Bake Yeast Dinner Rolls

Item # 48162 71456

INGREDIENTS:

ENRICHED BLEACHED WHEAT FLOUR (BLEACHED WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, POTASSIUM BROMATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, PARTIALLY HYDROGENATED SOYBEAN AND/OR COTTONSEED OIL, WHOLE EGGS, SALT, YEAST.
CONTAINS: WHEAT, EGGS

Nutrition Facts

Serving Size 1 roll (49 g)

Servings Per Container about 90

Amount Per Serving

Calories 180 **Calories from Fat 45**

		% Daily Value*
Total Fat	5 g	8 %
Saturated Fat	1 g	6 %
Trans Fat	1.5 g	
Cholesterol	15 mg	5 %
Sodium	310mg	13 %
Total Carb.	30 g	10 %
Dietary Fiber	1 g	4 %
Sugars	6 g	
Protein	4 g	

o Vitamin A 0 % o Vitamin C 0 % o Calcium 0 % o Iron 6 %

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Fiber		25g	30g

Calories per gram: Fat 9 • Carbohydrates 4 • Protein 4

The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition information may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package.