

**“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”**

For complete statement go to website at: [http://ww1.rcstn.net/departments/school\\_nutrition/u\\_s\\_d\\_a\\_non-\\_discrimination\\_statement/](http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/)

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**FOR NUTRIENT INFORMATION VISIT**

**SCHOOLCAFE.COM**

**FROM YOUR COMPUTER, TABLET, OR SMARTPHONE**

**Breakfast At No Cost  
Provided In All Robertson County  
Schools**

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5

6

7

8

9

Whole Grain Cherry Frudel

12

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Chicken and Biscuit

13

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Cheerios

14

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Maple, Egg, and Sausage Tornado

15

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Egg and Cheese  
In a Whole Grain Tortilla

16

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Mini Cini

19

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Cheerios

20

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Egg and Cheese Toaster  
On Whole Grain Bread

21

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Maple, Egg, and Sausage Tornado

22

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Steak and Biscuit

23

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Cherry Frudel

26

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Chicken and Biscuit

27

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Cheerios

28

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Maple, Egg, and Sausage Tornado

29

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Egg and Cheese  
In a Whole Grain Tortilla

Served With

½ cup Fruit  
1 Cup 1% Sweet Acidophilus Milk