

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

For complete statement go to website at: http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/

Monday

Tuesday

Wednesday

Thursday

Friday

FOR NUTRIENT INFORMATION VISIT

SCHOOLCAFE.COM

FROM YOUR COMPUTER, TABLET, OR SMARTPHONE

**Breakfast At No Cost
Provided In All Robertson County
Schools**

2

Whole Grain Cheerios
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

5

Whole Grain Mini Cini
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

6

Egg and Cheese Toaster
On Whole Grain Bread
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

7

Maple, Egg, and Cheese Tornado
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

8

Whole Grain Steak and Biscuit
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

9

Whole Grain Cheerios
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

12

Whole Grain Cherry Frudel
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

13

Whole Grain Bosco Stick
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

14

Maple, Egg, and Cheese Tornado
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

15

Egg and Cheese
In a Whole Grain Tortilla
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

16

Whole Grain Cheerios
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

19

Whole Grain Mini Cini
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

20

Egg and Cheese Toaster
On Whole Grain Bread
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

21

Maple, Egg, and Cheese Tornado
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

22

Whole Grain Steak and Biscuit
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

23

Whole Grain Cheerios
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

26

Whole Grain Cherry Frudel
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

27

Whole Grain Bosco Stick
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

28

Maple, Egg, and Cheese Tornado
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

29

Egg and Cheese
In a Whole Grain Tortilla
Served With
½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk