

**“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”**

For complete statement go to website at: [http://ww1.rcstn.net/departments/school\\_nutrition/u\\_s\\_d\\_a\\_non-\\_discrimination\\_statement/](http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/)

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**FOR NUTRIENT INFORMATION VISIT**

**SCHOOLCAFE.COM**

**FROM YOUR COMPUTER, TABLET, OR SMARTPHONE**

**Breakfast At No Cost  
Provided In All Robertson County  
Schools**

2

Whole Grain Mini Cinni  
Served With  
Fruit and Milk Choices

5

Whole Grain Chocolate Doughnuts  
OR  
Whole Grain Powdered Doughnuts  
Served With  
Fruit and Milk Choices

6

Egg and Cheese  
On a Whole Grain English Muffin  
Served With  
Fruit and Milk Choices

7

Spicy Egg, Turkey Sausage,  
And Cheese Tornado  
Served With  
Fruit and Milk Choices

8

Whole Grain Steak and Biscuit  
Served With  
Fruit and Milk Choices

9

Whole Grain Cherry Frudel  
Whole Grain Apple Frudel  
Served With  
Fruit and Milk Choices

12

Whole Grain Chicken and Biscuit  
Served With  
Fruit and Milk Choices

13

Whole Grain Chocolate Chip Muffin  
OR  
Whole Grain Blueberry Muffin  
Served With  
Mozzarella String Cheese  
Fruit and Milk Choices

14

Spicy Egg, Turkey Sausage  
And Cheese Tornado  
Served With  
Fruit and Milk Choices

15

Bacon Egg and Cheese  
In a Whole Grain Tortilla  
Served With  
Fruit and Milk Choices

16

Whole Grain Mini Cinni  
Served With  
Fruit and Milk Choices

19

Whole Grain Chocolate Doughnuts  
OR  
Whole Grain Powdered Doughnuts  
Served With  
Fruit and Milk Choices

20

Egg and Cheese  
On a Whole Grain English Muffin  
Served With  
Fruit and Milk Choices

21

Spicy Egg, Turkey Sausage,  
And Cheese Tornado  
Served With  
Fruit and Milk Choices

22

Whole Grain Steak and Biscuit  
Served With  
Fruit and Milk Choices

23

Whole Grain Cherry Frudel  
Whole Grain Apple Frudel  
Served With  
Fruit and Milk Choices

26

Whole Grain Chicken and Biscuit  
Served With  
Fruit and Milk Choices

27

Whole Grain Chocolate Chip Muffin  
OR  
Whole Grain Blueberry Muffin  
Served With  
Mozzarella String Cheese  
Fruit and Milk Choices

28

Spicy Egg, Turkey Sausage  
And Cheese Tornado  
Served With  
Fruit and Milk Choices

29

Bacon Egg and Cheese  
In a Whole Grain Tortilla  
Served With  
Fruit and Milk Choices

30