

**“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”**

For complete statement go to website at: [http://ww1.rcstn.net/departments/school\\_nutrition/u\\_s\\_d\\_a\\_non-\\_discrimination\\_statement/](http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/)

### Monday

**WE WILL BE  
CLOSED ON  
LABOR DAY**

Whole Grain Cherry Frudel  
Whole Grain Apple Frudel

9

Served With  
Fruit and Milk Choices



Whole Grain Cherry Frudel  
Whole Grain Apple Frudel

23

Served With  
Fruit and Milk Choices

Whole Grain Mini Cinni

30

Served With  
Fruit and Milk Choices

### Tuesday

Whole Grain Chocolate Doughnuts  
OR  
Whole Grain Powdered Doughnuts

3

Served With  
Fruit and Milk Choices

Whole Grain Chicken and Biscuit

10

Served With  
Fruit and Milk Choices

Whole Grain Chocolate Doughnuts  
OR  
Whole Grain Powdered Doughnuts

17

Served With  
Fruit and Milk Choices

Whole Grain Chicken and Biscuit

24

Served With  
Fruit and Milk Choices

### Wednesday

Egg and Cheese  
On a Whole Grain English Muffin

4

Served With  
Fruit and Milk Choices

Whole Grain Chocolate Chip Muffin  
OR  
Whole Grain Blueberry Muffin

11

Served With  
Mozzarella String Cheese  
Fruit and Milk Choices

Egg and Cheese  
On a Whole Grain English Muffin

18

Served With  
Fruit and Milk Choices

Whole Grain Chocolate Chip Muffin  
OR  
Whole Grain Blueberry Muffin

25

Served With  
Mozzarella String Cheese  
Fruit and Milk Choices

### Thursday

Spicy Egg, Turkey Sausage,  
And Cheese Tornado

5

Served With  
Fruit and Milk Choices

Spicy Egg, Turkey Sausage  
And Cheese Tornado

12

Served With  
Fruit and Milk Choices

Spicy Egg, Turkey Sausage,  
And Cheese Tornado

19

Served With  
Fruit and Milk Choices

Spicy Egg, Turkey Sausage  
And Cheese Tornado

26

Served With  
Fruit and Milk Choices

### Friday

Whole Grain Steak and Biscuit

6

Served With  
Fruit and Milk Choices

Bacon Egg and Cheese  
In a Whole Grain Tortilla

13

Served With  
Fruit and Milk Choices

Whole Grain Steak and Biscuit

20

Served With  
Fruit and Milk Choices

Bacon Egg and Cheese  
In a Whole Grain Tortilla

27

Served With  
Fruit and Milk Choices

**FOR NUTRIENT INFORMATION VISIT**

**SCHOOLCAFE.COM**

**FROM YOUR COMPUTER, TABLET, OR SMARTPHONE**

**Breakfast At No Cost**

**Provided In All Robertson County  
Schools**