

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

For complete statement go to website at: http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/

Monday

**WE WILL BE
CLOSED ON
LABOR DAY**

Whole Grain Cherry Frudel

9

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk



Whole Grain Cherry Frudel

23

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Mini Cini

30

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Tuesday

Whole Grain Cheerios

3

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Chicken and Biscuit

10

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Cheerios

17

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Chicken and Biscuit

24

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Wednesday

Egg and Cheese Toaster
On Whole Grain Bread

4

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Cheerios

11

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Egg and Cheese Toaster
On Whole Grain Bread

18

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Cheerios

25

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Thursday

Maple, Egg, and Sausage Tornado

5

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Maple, Egg, and Sausage Tornado

12

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Maple, Egg, and Sausage Tornado

19

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Maple, Egg, and Sausage Tornado

26

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Friday

Whole Grain Steak and Biscuit

6

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Egg and Cheese
In a Whole Grain Tortilla

13

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Steak and Biscuit

20

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Egg and Cheese
In a Whole Grain Tortilla

27

Served With

½ cup Fruit
1 Cup 1% Sweet Acidophilus Milk

FOR NUTRIENT INFORMATION VISIT

SCHOOLCAFE.COM

FROM YOUR COMPUTER, TABLET, OR SMARTPHONE

**Breakfast At No Cost
Provided In All Robertson County
Schools**