

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

For complete statement go to website at: http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/

Monday

Tuesday

Wednesday

Thursday

Friday

FOR NUTRIENT INFORMATION VISIT

SCHOOLCAFE.COM

FROM YOUR COMPUTER, TABLET, OR SMARTPHONE



**Breakfast At No Cost
Provided In All Robertson County
Schools**

4

Whole Grain Cherry Frudel
Served With
Fruit and Milk Choices

7

Whole Grain Cheerios Cereal
Mozzarella String Cheese
Served With
Fruit and Milk Choices

8

Sausage and Gravy
Breakfast Pizza
With Whole Grain Crust
Served With
Fruit and Milk Choices

9

Warm Oatmeal
With Brown Sugar
Whole Grain Cinnamon Toast and Jelly
Mozzarella Cheese Stick
Served With
Fruit and Milk Choices

10

Bacon, Egg, and Cheese Burrito
On a Whole Grain Tortilla
Served With
Fruit and Milk Choices

11

Whole Grain Mini Cinni
Served With
Fruit and Milk Choices

14

Whole Grain Chocolate Doughnuts
Served With
Fruit and Milk Choices

15

Egg and Cheese
On a Whole Grain English Muffin
Served With
Fruit and Milk Choices

16

Warm Oatmeal
With Brown Sugar
Whole Grain Cinnamon Toast and Jelly
Mozzarella Cheese Stick
Served With
Fruit and Milk Choices

17

Whole Grain Breaded Steak Patty
With a Buttermilk Biscuit
Served With
Fruit and Milk Choices

18

NO SCHOOL

21

IN OBSERVANCE OF

Martin Luther King Jr. Day

Whole Grain Cheerios Cereal
Served With
Whole Grain Cinnamon Toast and Jelly
½ Cup Fruit
1% Sweet Acidophilus Milk

22

Sausage and Gravy
Breakfast Pizza
With Whole Grain Crust
Served With
½ Cup Fruit
1% Sweet Acidophilus Milk

23

Warm Oatmeal
With Brown Sugar
Whole Grain Cinnamon Toast and Jelly
Mozzarella Cheese Stick
Served With
Fruit and Milk Choices

24

Bacon, Egg, and Cheese Burrito
On a Whole Grain Tortilla
Served With
Fruit and Milk Choices

25

Whole Grain Mini Cinni
Served With
Fruit and Milk Choices

28

Whole Grain Cheerios Cereal
Mozzarella String Cheese
Served With
Fruit and Milk Choices

29

Egg and Cheese
On a Whole Grain English Muffin
Served With
Fruit and Milk Choices

30

Warm Oatmeal
With Brown Sugar
Whole Grain Cinnamon Toast and Jelly
Mozzarella Cheese Stick
Served With
Fruit and Milk Choices

31

