

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

For complete statement go to website at: http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/

Monday

Tuesday

Wednesday

Thursday

Friday

FOR NUTRIENT INFORMATION VISIT

SCHOOLCAFE.COM

FROM YOUR COMPUTER, TABLET, OR SMARTPHONE



**Breakfast At No Cost
Provided In All Robertson County
Schools**

4

Whole Grain Cherry Frudel
Whole Grain Apple Frudel
Served With
Fruit and Milk Choices

7

Chicken and Biscuit
Served With
Fruit and Milk Choices

8

Sausage Slider
Served With
Fruit and Milk Choices

9

Pancake and Sausage Sandwich
Served With
Fruit and Milk Choices

10

Gilardi Cheese Filled Breadsticks (2)
Served With
Fruit and Milk Choices

11

Whole Grain Mini Cinni
Served With
Fruit and Milk Choices

14

Whole Grain Chocolate Doughnuts
OR
Whole Grain Powdered Doughnuts
Served With
Fruit and Milk Choices

15

Egg and Cheese
On a Whole Grain English Muffin
Served With
Fruit and Milk Choices

16

Chocolate Chip Muffin
OR
Blueberry Muffin
Served With
Mozzarella String Cheese
Fruit and Milk Choices

17

Whole Grain Breaded Steak Patty
With a Buttermilk Biscuit
Served With
Fruit and Milk Choices

18

NO SCHOOL
IN OBSERVANCE OF
Martin Luther King Jr. Day

21

Chicken and Biscuit
Served With
Fruit and Milk Choices

22

Sausage Slider
Served With
Fruit and Milk Choices

23

Pancake and Sausage Sandwich
Served With
Fruit and Milk Choices

24

Gilardi Cheese Filled Breadsticks (2)
Served With
Fruit and Milk Choices

25

Whole Grain Mini Cinni
Served With
Fruit and Milk Choices

28

Whole Grain Chocolate Doughnuts
OR
Whole Grain Powdered Doughnuts
Served With
Fruit and Milk Choices

29

Egg and Cheese
On a Whole Grain English Muffin
Served With
Fruit and Milk Choices

30

Chocolate Chip Muffin
OR
Blueberry Muffin
Served With
Mozzarella String Cheese
Fruit and Milk Choices

31

