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For complete statement go to website at: [http://ww1.rcstn.net/departments/school\\_nutrition/u\\_s\\_d\\_a\\_non-\\_discrimination\\_statement/](http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/)

### Monday



No  
School

4

### Tuesday

Popcorn Chicken  
*With Whole Grain Breading*

5

½ Cup Broccoli and Cheese  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

### Wednesday

Hamburger  
*On a Whole Grain Roll*

6

½ Cup French Fries  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

### Thursday

Menus subject to change  
Due to availability  
of Food items

Whole Grain  
Gilardi Cheese Sticks

7

½ Cup Green Beans  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

### Friday

Egg Patty & Sausage  
Biscuit

8

½ Cup Tater Gems  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Fried Chicken Leg  
*With Whole Grain Breading*

11

½ Cup Mashed Potatoes and Gravy  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Mini Chicken Tacos

12

½ Cup Corn  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Grilled Cheese Sandwich  
*On Whole Grain Bread*

13

½ Cup Sweet Glazed Carrots  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Cheese Pizza

14

½ Cup Green Beans  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Ham and Cheese Sandwich  
*On Whole Grain Bread*

15

½ Cup French Fries  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

No  
School

18

Crispy Chicken Sandwich  
*On a Whole Grain Roll*

19

½ Cup Baked Beans  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Taco Meat  
Whole Grain Tortilla Chips

20

½ Cup Shredded Cheese  
½ Cup Corn  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Steak Patty  
*On Whole Grain Dinner Roll*

21

½ cup Brown Gravy Dipping Cup  
½ Cup French Fries  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain  
Wild Mike's Cheese Bites

22

½ Cup Green Beans  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Mandarin Orange Chicken

25

¼ cup Whole Grain Lo Mein Noodles  
½ Cup Sweet Glazed Carrots  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Popcorn Chicken  
*With Whole Grain Breading*

26

½ Cup Broccoli and Cheese  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Hamburger  
*On a Whole Grain Roll*

27

½ Cup French Fries  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain  
Gilardi Cheese Sticks

28

½ Cup Green Beans  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Egg Patty & Sausage  
Biscuit

29

½ Cup Tater Gems  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk