

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

For complete statement go to website at: [http://ww1.rcstn.net/departments/school\\_nutrition/u\\_s\\_d\\_a\\_non-\\_discrimination\\_statement/](http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/)

### Monday

Egg and Cheese Slider **2**  
Fruit  
Milk Choice

Maple Turkey Pancake Wrap **9**  
Fruit  
Milk Choice

Sausage & Biscuit **16**  
Fruit  
Milk Choice

Mini Doughnuts **23**  
Fruit  
Milk Choice

Mini Maple Pancakes **30**  
Fruit  
Milk Choice

### Tuesday

**NO  
SCHOOL**

Mini Doughnuts **10**  
Fruit  
Milk Choice

Soft Filled Cocoa Puffs Bar **17**  
Fruit  
Milk Choice

Mini Cini **24**  
Fruit  
Milk Choice

### Wednesday

Country Steak Biscuit **4**  
Fruit  
Milk Choice

Chicken & Biscuit **11**  
Fruit  
Milk Choice

Egg and Cheese Burrito **18**  
Fruit  
Milk Choice

### Thursday

Muffin **5**  
Poptart  
Fruit  
Milk Choice

Muffin **12**  
Poptart  
Fruit  
Milk Choice

Muffin **19**  
Poptart  
Fruit  
Milk Choice

### Friday

French Toast Sticks **6**  
Fruit  
Milk Choice

Apple Jammer Stick **13**  
Fruit  
Milk Choice

Spicy Turkey Sausage Egg  
and Cheese Tornado **20**  
Fruit  
Milk Choice

No School

Thanksgiving Holiday

[www.schoolcafe.com](http://www.schoolcafe.com)

- Check your student's meal account balance
- Check calories, carbohydrate counts, etc. on menu items
- Apply for free or reduced meals
- Make Payments your student's account (for a small fee)

Menus subject to change  
Due to availability  
of Food items