

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

For complete statement go to website at: [http://ww1.rcstn.net/departments/school\\_nutrition/u\\_s\\_d\\_a\\_non-\\_discrimination\\_statement/](http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/)

### Monday

Egg and Cheese Slider  
Fruit  
Milk Choice

2

### Tuesday

**NO  
SCHOOL**

3

### Wednesday

Country Steak Biscuit  
Fruit  
Milk Choice

4

### Thursday

Muffin  
Poptart  
Fruit  
Milk Choice

5

### Friday

French Toast Sticks  
Fruit  
Milk Choice

6

Maple Turkey Pancake Wrap  
Fruit  
Milk Choice

9

Mini Doughnuts  
Fruit  
Milk Choice

10

Chicken & Biscuit  
Fruit  
Milk Choice

11

Breakfast Sun Butter Meal Kit  
w/ juice box  
Milk Choice

12

Apple Jammer Stick  
Fruit  
Milk Choice

13

Sausage & Biscuit  
Fruit  
Milk Choice

16

Soft Filled Cocoa Puffs Bar  
Fruit  
Milk Choice

17

Egg and Cheese Burrito  
Fruit  
Milk Choice

18

Muffin  
Poptart  
Fruit  
Milk Choice

19

Spicy Turkey Sausage Egg  
and Cheese Tornado  
Fruit  
Milk Choice

20

Mini Doughnuts  
Fruit  
Milk Choice

23

Mini Cini  
Fruit  
Milk Choice

24

**No School**

**Thanksgiving Holiday**

Mini Maple Pancakes  
Fruit  
Milk Choice

30

[www.schoolcafe.com](http://www.schoolcafe.com)

- Check your student's meal account balance
- Check calories, carbohydrate counts, etc. on menu items
- Apply for free or reduced meals
- Make Payments your student's account (for a small fee)

Menus subject to change  
Due to availability  
of Food items