

# November 2020 Bransford Preschool and Headstart Lunch Menu

LUNCH

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

For complete statement go to website at: [http://ww1.rcstn.net/departments/school\\_nutrition/u\\_s\\_d\\_a\\_non-\\_discrimination\\_statement/](http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/)

## Monday

Grilled Cheese Sandwich  
*On Whole Grain Bread* **2**  
½ Cup French Fries  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Popcorn Chicken  
*With Whole Grain Breading* **9**  
½ Cup Broccoli and Cheese  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Grilled Cheese Sandwich  
*On Whole Grain Bread* **16**  
½ Cup French Fries  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Popcorn Chicken  
*With Whole Grain Breading* **30**  
½ Cup Broccoli and Cheese  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

## Tuesday

**NO  
SCHOOL** **3**

Mandarin Orange Chicken **10**  
½ cup Whole Grain Lo Mein Noodles  
½ Cup Pinto Beans  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Mini Chicken Tacos **17**  
½ Cup Corn  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

**24**

## Wednesday

Crispy Chicken Sandwich  
*On a Whole Grain Roll* **4**  
½ Cup Baked Beans  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Hamburger  
*On a Whole Grain Roll* **11**  
½ Cup French Fries  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Popcorn Chicken  
*With Whole Grain Breading* **18**  
½ Cup Mashed Potatoes and Gravy  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

## Thursday

Turkey and Cheese Sandwich  
*On Whole Grain Bread* **5**  
½ Cup Sweet Glazed Carrots  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain  
Gibaldi Cheese Sticks **12**  
½ Cup Green Beans  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Cheese Pizza **19**  
½ Cup Green Beans  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

## Friday

Whole Grain  
Wild Mike's Cheese Bites **6**  
½ Cup Green Beans  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Egg Patty & Sausage  
Biscuit **13**  
½ Cup Tater Gems  
½ Cup Fruit  
1 Cup 1% Sweet Acidophilus Milk

Holiday Lunch postponed **20**  
Until Tuesday December 1<sup>st</sup>.  
Manager's Choice  
Breakfast For Lunch Items

No School

Thanksgiving Holiday

[www.schoolcafe.com](http://www.schoolcafe.com)

- Check your student's meal account balance
- Check calories, carbohydrate counts, etc. on menu items
- Apply for free or reduced meals
- Make Payments your student's account (for a small fee)

Menus subject to change  
Due to availability  
of Food items