

“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”

For complete statement go to website at: http://ww1.rcstn.net/departments/school_nutrition/u_s_d_a_non-_discrimination_statement/

Monday

Menus subject to change due to availability of food items

No School

Egg and Cheese Slider
On a Whole Grain Slider Roll
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

No School

Sausage & Biscuit
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Tuesday

Whole Grain Mini Cinni
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Cheerios
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Mini Cinni
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Cheerios
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Soft Filled
Cocoa Puffs Bar
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Wednesday

Country Steak Biscuit
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Chicken & Biscuit
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Country Steak Biscuit
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Chicken & Biscuit
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Egg and Cheese
In a Whole Grain Tortilla
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Thursday

Whole Grain Blueberry Muffin
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Blueberry Muffin
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Blueberry Muffin
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Blueberry Muffin
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Friday

Whole Grain French Toast Sticks
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Apple Jammer Stick
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain French Toast Sticks
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Whole Grain Apple Jammer Stick
½ Cup Fruit
1 Cup 1% Sweet Acidophilus Milk

Breakfast Is Provided At No Cost
In All Robertson County Schools